



June 2020 S4-6 Parent/Carer Newsletter Graeme High School

Welcome

We understand this is an uncertain time and we wanted you to know we're still here to support you and your child, even though they're not in school

Usually we would begin to offer S4-6 pupils Career Coaching interviews when schools return in August and we would do this in school face to face. As no-one is sure what school life might look like in August, we are going to start engaging with S4-6 pupils earlier and start now and continue through the summer by contacting some pupils by phone and/or email.

We know this is different to our usual service, but we want to give your child the best head start possible with planning and preparing for their future. Finally, we hope our face to face services in school will resume at some point again during the academic year and we will of course keep you up to date.



What are Career Management Skills and why are they important?

CMS can help you understand yourself and the world around you, and to take control of your career with all its potential opportunities. During this uncertain time our CMS will be just as important, especially understanding ourselves better and the strengths we have.

Think about your future and prepare to make decisions

This year, your to-do list will encourage you to get ready to make decisions. In S4-S6, it will help you pick senior subjects, update your CV and investigate jobs you're interested in.

Remember, to get on the right track, go back and try the core tools again.

Your to-do list

-  Use the subject choices tool again ▼
-  Explore different paths and qualification routes to jobs ▼
-  Update your CV ▼

Re-use your core tools

-  Core tool: About me ▼
-  Core tool: Skills ▼
-  Core tool: Strengths ▼

It's never too early to start thinking about your career.

By understanding more about your skills, strengths and interests, you'll be able to make more informed decisions.

But that takes time, which is why you need to start preparing now.

Our to-do list is designed to help you explore jobs you might be good at and work out how to get there.

Get Started at

www.myworldofwork.co.uk

We've broken your journey down into stages, based on the year you're in:



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Routes and Pathways – through school and beyond



*Personal Development and Education (volunteering and training)

School Mini Team

Our dedicated mini team are working remotely to provide careers support and guidance. Through the months of June-October your child may be contacted by your Careers Adviser

Your schools Mini Team:

School Based Careers Adviser

Zander Murray & Blane McConnell
 Can offer advice and guidance in the School

Post School/Work Coach

Helen Whitham & Ken Davidson
 Advice and guidance when you've just left school and beyond

Personal Adviser

Brenna Harvey
 Practical help with looking for work, application forms, CVs and interview skills

Contact Us:

Zander.murray@sds.co.uk

Blane.McConnell@sds.co.uk

For any support at home and for any students who want to use their time to gain extra skills and experience, check out;

- [My world of work](#) – lots of useful info, tools and advice
- [Find free online courses](#) – explore the vast range of courses on offer
- [My Kids Career](#) – for support for parents/carers

For the latest updates on Apprenticeships, Courses, Training and local information check out our Facebook page:

<https://www.facebook.com/SDSForthValley>